



Congratulations on signing up for the Wabash Valley Road Runners virtual race!

First, we need to cover some ground rules.

1. Please make sure that you are completing your runs during normal park hours (typically dusk to dawn).
2. Be aware of your surroundings. Many of the courses have a street crossing or run along a road. The roads are not closed. Runners are responsible for being aware of their surroundings and conducting a safe run. Remember, this is a challenge. You will be running on trails with exposed roots and loose gravel. You are responsible for your well-being. Be sure to wear bright colors in Griffin Bike Park, and it is recommended to not wear headphones during your run in Griffin.
3. Know the maps. We have worked hard to mark the courses, but signs can be removed and chalk paint can wear. You will notice new Run the Parks signs on wooden stakes placed throughout the parks and we have used PINK sidewalk paint. In general, if you do not see a directional arrow, continue forward on the course. Members of WVRR will be checking the courses multiple times a week. However, inevitably, a sign will be moved or fall, and rain will come and wash away the chalk markings. Our team will be out to freshen things up as soon as they can. If you do notice a sign down or insufficient course markings please email [elliecalldwell@icloud.com](mailto:elliecalldwell@icloud.com). We will do our best to get to them quickly.
4. When you finish a run, don't forget to go to Runsignup to enter your time for each course. Keep record of your time. If you are eligible for an award, you may be asked to present evidence of your run. You can do this by snapping a picture of your running watch, taking a screenshot of your running app on your smartphone, or sending data from your favorite run tracking site.
5. Keep the parks clean. We are here to enjoy the parks that that Wabash Valley has to offer. We want to make sure that we are doing our best to make sure that we leave them just as clean as we found them!
6. Have fun. While this is a virtual race, we encourage you to get small groups together to enjoy the parks.

Warning: Park roads are not closed. Runners participate at their own risk. Be aware of traffic around you when running along the road. Most of this course is trail. Be sure to watch your footing as you run. This is a trail run, rocks and roots will be on the trails.



### **Wabashiki FWA: 6 Miles**

Start at the Dewey Point Rest Area

Head Southeast on the trail.

Follow the trail around the Elementary school and eventually veer left to go into the woods.

Follow the trail around staying on the main trail until you reach the Taylorville entrance.

Follow Sampson PL towards US 40

Follow the curve of the road onto 1st St.

Turn right onto Schley Pl

Take the boardwalk back to Dewey Point Rest Area.

### **Wabashiki Lite: 1.75 Miles**

Start at the RTP start sign.

Head east towards the courthouse. Take the walkway.

Turn around at the end of the walkway to return to the start.

Warning: Park roads are not closed. Runners participate at their own risk. Be aware of traffic around you when running along the road.

Most of this course is trail. Be sure to watch your footing as you run. This is a trail run, rocks and roots will be on the trails.



### Hawthorn Park : 4.5 Miles

Start at the playground parking lot.

Go east towards the campground

Turn left onto the trail after passing the beach area.

Turn left at the end of the trail towards the campground.

Veer left as you come up the hill into the campground.

Continue straight through the campground and down the hill at the end of the road.

Continue on the trail staying left after the hill

Go up the paved hill towards the shelter house

Stay straight to go into the trail along the lake

As you come out of the trail, turn left at the "start" and a quick right to go into the trail.

Turn left at the first Y to head to the Wetlands. Go over the bridge and across the parking lot to enter the Wetland trail (just past the boat ramp)

As you run through the trail stay left at any branch of the trail.

Stay on top of the ridge and follow the trail around the wetlands.

As you come out of the Wetland area turn right and head up the hill. Follow the trail along the lake.

Turn left at the Y as you go up the hill to go back towards the start.

Turn right towards the campground as you come out of the trail.

Turn left onto the trail after passing the beach area.

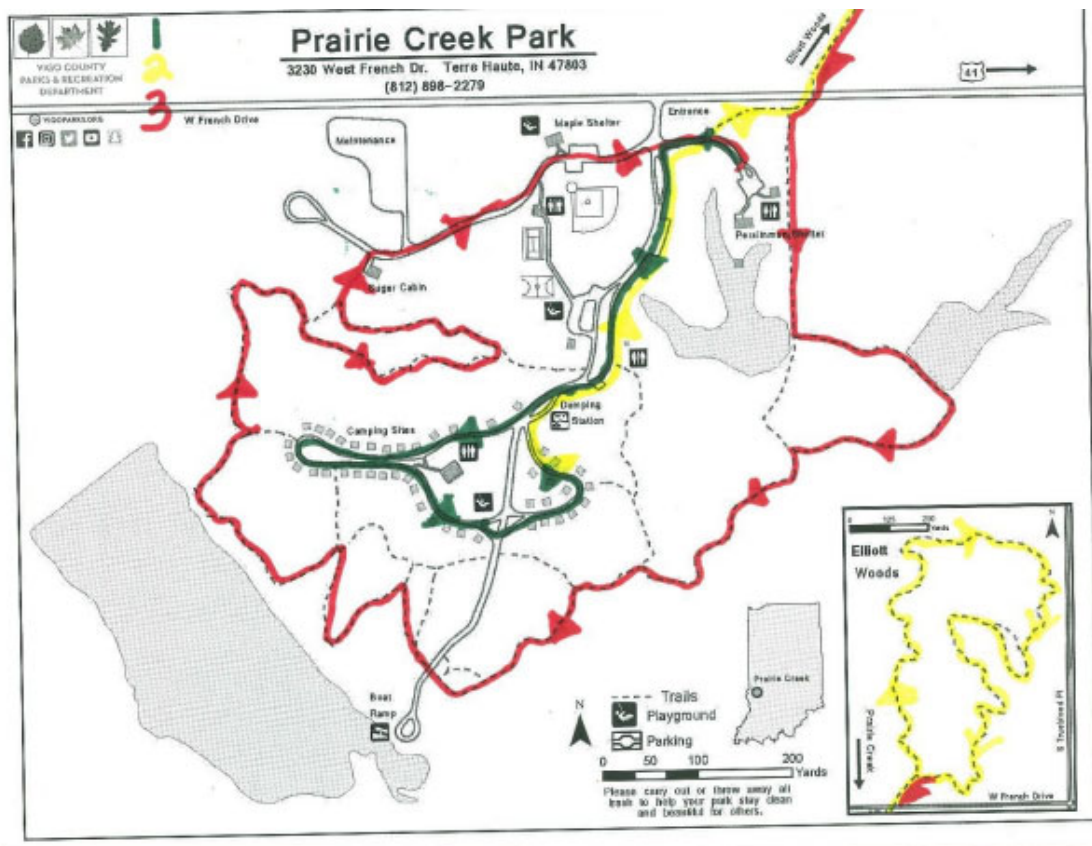


Turn left at the end of the trail towards the campground.  
 Veer left as you come up the hill into the campground.  
 Continue straight through the campground  
 Turn left as you reach the end of the campground to go across the lake. Turn left to go down the trail as you come up the hill towards the shelter house.  
 Continue straight to the finish!

### Hawthorn Park Lite 1.5

Start at the playground parking lot.  
 Go east towards the campground  
 Turn left onto the trail after passing the beach area.  
 Turn left at the end of the trail towards the campground.  
 Veer left as you come up the hill into the campground.  
 Continue straight through the campground and down the hill at the end of the road.  
 Continue on the trail staying left after the hill  
 Go up the paved hill towards the shelter house  
 Stay straight to go into the trail along the lake  
 As you come out of the trail, turn left at the "start" for FINISH!

**Warning:** Park roads are not closed. Runners participate at their own risk. Be aware of traffic around you when running along the road. Most of this course is trail. Be sure to watch your footing as you run. This is a trail run, rocks and roots will be on the trails.



### Prairie Creek Park : 5.5 Miles

\*Most of your turns/veers will be left, and on well developed trails.

Start at the shelter by the lake (Persimmon Shelter).  
 Follow the road back towards the entrance.

Turn left at the 4-way to go back towards the campground  
Once in the campground go left to go up the hill and follow the loop around  
Take the right path at the split and continue over to the other side of the  
campground Follow the paved road and stay right to go back to the entrance.  
Turn right at the 4 way and take the path on the left to go across the street to the Elliot  
Woods trail.  
Once across the street, veer to the left to enter Elliot Woods.  
Stay straight to go into Elliot Woods follow the trail. You will complete 2 loops in Elliot  
Woods. When coming to the prairie grass area, turn left to make a loop around the  
area going back into the woods.  
When coming up the hill after the bridge turn right to back towards the entrance of Elliot Woods.  
Complete your second lap!  
After the second lap turn left to back across the street to the park.  
Once you cross the street, turn left to stay on the gravel trail that goes behind the  
bathrooms. Turn left at trail split to go into the woods.  
As you run by the pond, stay right to go into the woods.  
Follow the trail, watch your footing on the gravel  
Keep to the left on all of the trail splits  
Once you come to the road go across to the other side of the trails directly  
across Continue staying left on any splits to follow the course.  
Once at the Sugar Maple Cabin Loop, take the path to the right  
Once you are around the loop, turn right to go alongside the Cabin out to the  
road Turn right on to the road and head for the start/finish!

### **Prairie Creek Lite: 2.25 Mile**

The lite course will be one lap on the Elliott Woods Trail.  
Start at the RTP start sign and head towards the trail for access to Elliot Woods  
Cross the street  
Take the path on the left when you come to the Y to go into the woods and follow the  
trail. Turn left at the grasslands area. You will complete a full circle and return the same  
way you came (A lollipop)  
Follow the trail and cross the street to return to the start sign.



On October 28th, the parks department will be hosting Fowler Park after dark. The VCPRD has invited RTP participants to conduct their runs during this time and participate in the activities following the completion of your run!

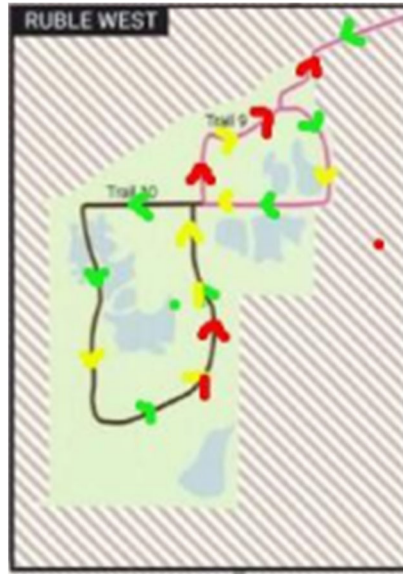
### Fowler Park (3.75 Miles)

Start at the WVRR sign after shelter B on the West side of Ruble Lake. Head north towards the back of the park following the road. Stay on the outside of the road to wrap around the parking lot.

Continue on the road, staying left to go to the back parking lot  
Run around the back lot and south to the Pioneer Village  
Follow the gravel path to the gate to run through the campground. Stay on the main road to back around the park back to the start/finish Once at the start/finish sign turn left where the arrow is pointing to go onto a the trail Go right at the "Y"  
Run up the hill and around to the west and eventually heading south At the "Y" stay right.  
Turn left after crossing the bridge and follow the trail back from where you came to the road  
Run another lap around Fowler Park.  
Finish after the second lap

### **Fowler Park Lite (1.25 Miles)**

Start at the WVRR sign after shelter B on the West side of Ruble Lake. Head north towards the back of the park following the road  
Stay on the outside of the road to wrap around the parking lot  
Continue on the road, staying left to go to the back parking lot  
Run around the back lot and south to the Pioneer Village  
Follow the gravel path to the gate to run through the campground.  
Stay on the main road to back around the park back to the start/finish



**Address (West Entrance):** 8455 South Cullen Place, Terre Haute, IN 47802

**\*\*\*\* Central Ruble is closed Fridays and Saturdays for permit only hunting. Do not enter the Central section of the park on Friday and Saturday. \*\*\*\***

### **Ruble West Challenge (3.75 miles)**

Park at the Ruble west lot.

Go across the street to the trail head

Follow the trail.

At the first opportunity, turn left to begin the "figure 8"

Stay straight all the way to the gate on the old farm road

Turn left at the gate

Follow the trail around to the large meadow.

When coming back to the farm road, take a jaunt to the right to go across the road and back into woods

Repeat the figure 8 before exiting the woods and returning to the parking lot.

### **Ruble West Lite (1.9 miles)**

Park at the Ruble west lot.

Go across the street to the trail head

Follow the trail.

At the first opportunity, turn left to begin the "figure 8"

Stay straight all the way to the gate on the old farm road

Turn left at the gate

Follow the trail around to the large meadow.

When coming back to the farm road, take a jaunt to the right to go across the road and back into woods

When go back to the parking lot after your first loop around the figure 8





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- BEGINNER
- INTERMEDIATE
- ADVANCED
- EXPERT
- CONNECTOR
- MTB ADAPTIVE

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- FREEDOM TRAIL ROUTE
- TRAIL ENTRANCE
- TRAIL EXIT
- TRAIL INTERSECTION

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THE FREEDOM TRAIL IS A 4 MILE BEGINNER LOOP THAT ACCESSES EVERY TRAIL IN THE PARK. THE ROUTE IS CLEARLY SIGNED AND EASY TO FOLLOW. ALL OF THE SYSTEM TRAILS ARE SIGNED WITH DIFFICULTY RATINGS SO YOU CAN CHOOSE YOUR OWN ADVENTURE AND RIDE WITHIN YOUR LIMITS AND COMFORT ZONE.



THE FREEDOM TRAIL IS DESIGNED AS MTB ADAPTIVE FOR RIDERS THAT REQUIRE MODIFIED BIKES AND EQUIPMENT WITH A WIDER CORRIDOR, MODERATE GRADES AND BEST AREAS FOR GROUP RIDES.

PRIVATE PROPERTY  
PLEASE  
STAY ON TRAILS

EAST HARLAN DRIVE

MOORE ROAD  
EMS ACCESS

SOUTH WILL STREET

PRIVATE PROPERTY  
PLEASE  
STAY ON TRAILS

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- FREEDOM
- BASIC TRAINING
- ALPHA
- BUTTA LOES
- NU FLOW
- SNIPER
- ROCK & ROLL
- BUSHWHACK
- FOXTROT
- ZULU
- KA-BAR
- RECON
- AWOL
- OVER N' OUT
- CATCH-22
- PEACE OUT
- WARRIOR
- TRIGGER FINGER
- ECHO
- CHIGGER UP
- STRYKER LAKE
- HEROES

PRIVATE PROPERTY  
PLEASE  
STAY ON TRAILS



SCAN TO  
DOWNLOAD MAP

GRIFFIN BIKE PARK  
10700 BONO ROAD  
TERRE HAUTE, INDIANA

(812) 462-3392  
WWW.GRIFFINBIKEPARK.COM



VIGO COUNTY  
PARKS & RECREATION  
DEPARTMENT

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- MAIN PARK ENTRANCE
- PARK OFFICE
- STRYKER LAKE ENTRANCE
- RESTROOM AREA - PARK INFO & TRAIL MAP
- AWARDS PODIUM
- MAIN EVENT STAGE
- READY AREA - BIKE TOOL STATION & CHANGING ROOM
- LZ TERRAIN PARK
- BASIC TRAINING SKILLS PARK
- STRYKER LAKE

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- FREEDOM TRAIL
- PUMP TRACK
- JUMP PARK
- SKILLS PARK
- DUAL SLALOM
- DROP ZONE
- LITTLE KIDS TRAIL
- BIG KIDS TRAIL
- LAKE JUMP
- FLOATING WATER TRAIL

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- MEMORIAL GARDEN
- MEMORIAL OVERLOOK
- PARENTS' PERCH
- GRIFFIN'S NEST
- FOXHOLE
- BILL SUMANSKY BRIDGE
- TORRI SUMANSKY BRIDGE

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- BASIC TRAINING TRAIL - 1 MILE  
GREAT FOR FIRST TIMERS & BEGINNERS
- FREEDOM TRAIL - 4 MILES  
ADAPTIVE MTB TRAIL IS A GREAT WAY FOR BEGINNERS TO EXPLORE THE PARK.
- STRYKER LAKE TRAIL - 2.5 MILES  
GREAT FUN FOR BEGINNER-INTERMEDIATE LEVEL RIDERS WITH AMAZING VIEWS THE WHOLE WAY.

**Griffin Bike Park : 4.5 miles**

You will be following the Perimeter Trail. This trail will also sometimes go along with the Freedom Trail. Do not enter as you follow the perimeter trail, do not enter Alpha, Rock'n'Roll, Buffalo, or any of the technical cycling trails. When you reach the start, do a second lap. Please be sure to stay on the perimeter trail as not all trails are multi-use trails for runners. For safety reasons be sure to wear bright colors and be very aware of your surroundings while running on the trails (You may leave the headphones at home for this one).

**Griffin Bike Park Lite: 1.4**

Start at the south end of the park where the RTP Start Sign is located. Follow the trail until you reach the turnaround sign, then head back to the start.