

CATEGORY	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002
Most Improved Female Runner	Melissa Hendrix	Pat Waters	Pam Pell	Penny Burley	Kelly Jedlicka	Laura Swart	Jo Pridemore	Cheryl Short	Janine Orman and Gisele Phillips	Jo Pridemore
Most Improved Male Runner	Joel Baker and Jeff Kackley	Kris Fitzgerald	Brian Barger and Chuck Minor	David Wence	John Cahill	Raj Jeevan	Aaron Gadberry and David Rhodes	Bob Weston	Mark Achenbach	Jeff Fisher and Butch Bosworth
Volunteer of the Year	Sarah Gadberry	Mardel Miller	Stephanie McKay	Jerry Huxford	Gary Anderson	Jo Pridemore	Sue Cass	Joanna Orman	Cheryl Short	Art Auterson
Coach of the Year	Brent Poole	Myra Bosworth	Marsha Buck	Sue Cass	Sharon Nelson	N/A	Chris Fraizer	Butch & Myra Bosworth	N/A	N/A
Heart and Sole Award	Bob Lumaye	Nancy Malloy	Larry Meddles	Kathy Morris	Myra Bosworth	Sharon Nelson	Jerry Huxford	Chuck Bucher	Wesleigh Walker	N/A
Club Member of the Year	Stephanie McKay	Aaron Gadberry	Michelle Nutter	Butch Bosworth	Bob Weston	Bruce Speth	Buddy Green	Dave Williams	Art Auterson	Dave Williams
Female Youth Runner of the Year	Kourtney Johnson	Maegham Pilman	Kiowa Burriss	N/A	N/A	N/A	Crystal Clapp	N/A	N/A	N/A
Male Youth Runner of the Year	Zac Otte	Peter Davis	Justin Clapp	Chad Braun	Brandon Query	Travis Clapp	Derek Braun	Brandon Query	N/A	N/A
Comeback Female Runner of the Year	N/A	Kelly Jedlicka	N/A	N/A	N/A	N/A	Diane Brown	N/A	N/A	N/A
Comeback Male Runner of the Year	Denny Utter	Mike Morris, Jr.	N/A	Jimmy O'Neal	Jerry Huxford	N/A	Denny Utter	N/A	N/A	N/A
Outstanding Female Walker	Lillian Kirk	Phyllis Landes	Sue Cass	Debbie Johnson	Mary Auten	Sue Cass	Candy Rooksberry	Bev Silcock	Kay Ireland	Phyllis Landes
Outstanding Male Walker	N/A	John Wilson	Max Lutes	N/A	Damon Clements	N/A	Tom Rooksberry	Max Lutes	Bob Baer	Damon Clements
Outstanding Female Runner	Lacey Morris	Pam Pell	Carey Christjansen	Janice Van Vactor	Janelle Ralph	Michelle Nutter	Amy Fairbairn	Cheryl Beeson-Smith	Jill Moore	Carla Yerkes
Outstanding Male Runner	Mike Morris, Jr.	Ben Chastain	Mike Morris	Denny Utter	David Minor	Mark Achenbach	Jeff Andrew	Paul Clapp	Nick Braun	Tom Dever
Lifetime Achievement Award	Sharon Nelson	Dave Williams	Sue Cass	Bruce Speth	Merv Nolot	Chuck Bucher	N/A	Bob Lemont	Larry Poole	Dave Voltmer and Dick Lockhart